Long Term Plan 2023-24

Subject: RSHE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme:	Life Beyond School	Health and Wellbeing	Relationships and Sexual Education	Staying Safe	Celebrating Diversity and Equality	Rights, Responsibilities and British Values
Year 7	Managing Change	Body Development	Family, Respect and Relationships	Staying Safe	Celebrating Difference	Politics and Parliament
Year 8	Proud to be me!	Physical Health and Mental Wellbeing	Identity and Relationships	Dangerous Society Online and Offline	Equality and Diversity	Law, Crime and Society
Year 9	Essential Life Skills	Body Confidence	Sex and the Law	Legal and Illegal Drugs	Exploring World Issues	Combatting Extremism and Terrorism
End of Key Stage 3						
Year 10	Rights and Responsibilities	Mental Health and Wellbeing	Exploring Relationships	Violence, Crime and Seeking Safety	Religious Attitudes to Relationships and Families	Exploring British Values
Year 11	Your Future	Adult Health and Looking After Yourself	Sexual Health	Financial Management	Revision and Assessments	Revision and Assessments
End of Key Stage 4						
Year 12	Personal Finance	Health and Wellbeing	Relationships and Sexual Education	Drugs and Risks	World Religions	Rights and Responsibilities in the workplace
Year 13	Employment and Responsibilities	Sexual Health and Self Concept	Parenthood and Contraception	Forming Respectful Relationships	Financial Choices	Revision and Assessments

