

2 February 2024



Smestow Academy
www.smestowacademy.co.uk

Dear Parent/Carer

Smestow Community Week & Children's Mental Health Week: 5th February-9th February 2024

Thank you for your continued support with our personal development curriculum which incorporates not only our fundamental British values but our social, moral, spiritual and cultural topics.

As part of the personal development curriculum, we are continually looking for opportunities for our pupils to demonstrate active citizenship. Next week, we will be hosting "Smestow Community Week" and there will be a variety of activities for pupils to participate in across the week whilst raising money for our 4 charities in school:

Dawley - Wings & Paws
Graiseley - Acorns Children's Hospice
Holbeche - Compton Care
6th Form - The Haven

There will be activities taking place each day and a football 5-a-side event (£5 per team) taking place after school (Year 7 and 8 - Tuesday, Year 9 and 10 - Wednesday). The week will end with a cake sale in the dining hall at breaktime.

Any spare change that you can donate to our worthwhile causes would be greatly appreciated. We were so close to raising £500 last term across our events, so it would be lovely to keep building on this as we continue throughout the year

Also taking place next week is a national event - Children's Mental Health week. The wellbeing of all members of our community is paramount, and the theme of next week's event is "your voice". Year 7 pupils will be invited to take part in mindful colouring and given "time to talk" during lunchtimes. All pupils are invited to take part in our mental health top tips challenge, as well as a lesson focusing on the importance of "your voice" delivered by form tutors at the end of the week.

We would be grateful if you would speak with your child about positive mental health and encourage them to focus on their mental health and wellbeing as much as possible over the



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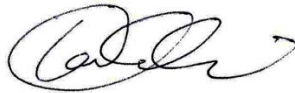
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week and beyond. We have shared the conversation guide from Mental Health UK before, but please do read this again if you need to: [Conversation Guide: Talking to someone about mental health](#)

Thank you once again for your support of our personal development curriculum at Smestow Academy. I look forward to watching this continue to grow in our school and see the impact it has on our young people.

Yours faithfully



Mr I Chamberlain
Headteacher



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