

## Dear Parent/Carer

I hope this letter finds you well. I am writing to update you on some important points:

## Mental Health Awareness Week: 12th May - 18th May 2025

Thank you for your continued support with our personal development curriculum which incorporates not only our Smestow Values, but also statutory Health information for our pupils.

Taking place next week is a national event - Mental Health Awareness week. The theme for this year is "Community" and promoting the positive well-being of all our community at Smestow Academy is key if we are to empower our young people with the skills to recognise the signs and symptoms that their own mental health (or that of somebody around them) may be failing. We celebrate a national event each term that focuses on promoting positive mental health and alongside assemblies, we will be inviting our pupils to join our mental health team in in school for "Time to Talk" at lunchtime alongside mindful colouring of our mental health top tips. These are:

- Be active
- Connect
- Give
- Keep learning
- Take notice

If you concerned about your child's mental health, please do refer to our mental health support flyer available on our website and attached with this letter.

## **Catering Price Increase**

We are writing to inform you that from 2 June 2025, the price of a school meal will increase from £2.40 to £2.80.

This decision has not been made lightly but is necessary due to several factors beyond our control. Over the past few years, we have experienced significant increases in food costs, staffing expenses, and national insurance contributions. In order to continue providing nutritious, high-quality meals for all our pupils, we must adjust the price to reflect these rising costs.





We remain committed to offering healthy and balanced meals, and this increase will help ensure we can maintain the standards you and your children expect.

Thank you for your understanding and continued support.

Yours faithfully

Mr I Chamberlain Headteacher





