

RE: ICH/AHE/PersonalDevelopmentatSmestow

18th September 2025



Smestow Academy
www.smestowacademy.co.uk

Dear Parent/Carer

The Department for Education requires us to deliver the statutory guidance for Relationships, Sex and Health Education (RSHE). This, alongside other key areas such as RE, Citizenship and Careers makes up our Personal Development curriculum which is delivered at all key stages through assemblies, form time activities and curriculum days.

Details of our RSHE Policy can be found on our website - [Relationships, Sex - Health Education Policy SA 2024.pdf](#)

This content is statutory and forms a key part of our provision at school.

To enhance this programme, we may also invite visitors and speakers into school such as Compass, Saltmine, SmashedLive!, Loudmouth and School Health Nurses to mention but a few examples.

If as a parent or carer, you wish to provide any feedback about our policy or programme or have any queries, please feel free to email postbox@smestowacademy.co.uk.

Our website contains the following information for parents and carers about personal development:

RSHE Policy	Relationships, Sex - Health Education Policy SA 2024.pdf
Personal Development Overview	Personal Development - Smestow Academy
Parent/Carer handouts for Personal Development topics	
Smestow Values	
Pupil Leadership	
Mental Health & Wellbeing	
Signposting for further support	
News Stories	News - Smestow Academy
Extra-Curricular Activities	Extra-Curricular - Smestow Academy
Careers	Smestow Academy – Matrix Careers Guidance

We work hard to ensure that we cover all of the statutory topics but we also that we respond to the needs of our pupils to ensure that our curriculum is up to date, responsive and relevant.

Yours faithfully

Mr I Chamberlain
Headteacher

Ms A Heilbronn
Assistant Headteacher



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Matrix
Academy Trust
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Smestow Academy



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