



Further support for Parents/Carers

The events of this week will have impacted our School community in a variety of ways and for some, understandably, more than others.

It is possible that our young people may have questions in the coming days and weeks and we felt it was important to support our parents and carers in navigating these conversations should they want this.

On Tuesday, we were well supported by the Educational Psychology and Reflexions teams. Colleagues from these services supported both staff and pupils, and will continue to do so in the coming weeks.

Below are a series of resources shared by professionals, specifically written for parents and carers to support young people after a traumatic event:

[bereavement-parents-carers.pdf](#)

[Trauma and Mental Health | Guide For Parents | YoungMinds](#)

[Supporting children and young people after potentially traumatic events - UK Trauma Council](#)

[Youth Trauma Anxiety Resources , Trauma Research UK](#)

Should you feel that your child needs more specialist support, please do contact your child's Head of House to discuss a referral to our Pupil Support Hub or contact your GP.

Base 25 (based in Wolverhampton City Centre) also offer a drop-in service to their wellbeing hub: [Wellbeing Hub – Base 25](#) (a referral is not needed for this service).